



**Superar una imagen corporal distorsionada /
Overcoming Body Image Disturbance: Un
programa para personas con trastornos
alimentarios / A Programme for People With
Eating Disorders (Spanish Edition)**

Lorraine Bell, Jenny Rushforth

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Las personas con trastornos alimentarios a menudo muestran graves conceptos erróneos sobre su imagen corporal. Este libro proporciona un programa de tratamiento dirigido a las personas con trastornos de la alimentación que tienen un concepto de su imagen corporal negativo. Ofrece consejo a los terapeutas, capacitándolos para

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