



Loving the Food Obsessed Girl: A Biblical Resource on Eating Disorders for Parents & Friends

Hannah G Stelzl

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Loving the Food Obsessed Girl builds a Biblical foundation for why food obsessed people do what they do. It provides insight into how to love them, understand them, and hold them responsible in a Christ-like way. In a situation where it is often easier to tolerate a person's presence than to become relationally involved with them, this book encourages and equips parents and friends to bring the Gospel to life for the food obsessed girl. From start to finish, Loving the Food Obsessed Girl will challenge you to look beneath the surface of the anorexic, the bulimic, or the compulsive eater, and understand the human being that is trapped inside. If you're looking at your loved one and asking, "Will she ever be normal?" or "What should I do in this situation?" then this book is for you.

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