



# **Feng Shui and Health: The Anatomy of a Home: Using Feng Shui to Disarm Illness, Accelerate Recovery, and Create Optimal Health**

*Nancy SantoPietro*

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Originally valued for its design principles which can have a profound impact on all aspects of life ranging from relationships to financial issues, Feng Shui is now being recognized as a complementary system to help diagnose, assess and treat disease as well as support the healing process.

"Feng Shui and Health" presents the energetics of health from a Feng Shui perspective. SantoPietro's innovative theories about Feng Shui and health take the reader through a series of simple methods to diagnose health problems and writing exercises to help them delve deeper into their illness. Readers will learn how they subconsciously recreate illness patterns in their homes through the placement and design, and how they are often drawn to rent and purchase homes that reflect all the emotional, spiritual, and physical underpinnings of their illness.

"Feng Shui and Health" will include an introduction to the basic principles of Feng Shui as well more advanced information on the connection between Feng Shui and our internal energy system, the Chakras. An example is The 9 Crucial Feng Shui Health principles: no backs to the door; repair all leaks; fix all doors; clear all clutter; check your electrical outlets; lighten dark areas; reduce/remove all electrical items from the bedroom; clear all sewers, plumbing, vents, & waterworks; and properly maintain your home. The book will also include information on common room layouts that can lead to illness & how to correct them; the role of color in health; and a multi-level approach to alleviating 18 common illnesses.

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