



Are We Our Past Lives?: Soul Patterns in Personalities and Relationships

Marie Gates

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Moving past mental and spiritual barriers as well as common stereotypes, author Marie Gates offers readers of **ARE WE ARE PAST LIVES? SOUL PATTERNS IN PERSONALITIES AND RELATIONSHIPS**, a follow-up to **SHADOWS ON MY MIND: A PSYCHOLOGIST EXPLORES REINCARNATION AND PSI**. In ten discerning chapters with titles like "Leah of Fourth Century Palestine," "Tim Cooper, 19th Century Gold Miner," and "Past Life Research and Soul Development," Gates describes the details of her soul's 1,700-year journey. From Greece to Scotland to Russia and France, Gates' spirit experienced pain and turmoil, sacrifice and shame. Although she spent many lifetimes unable to make peace with herself, her present revelations unleash hope. As she compares and deciphers her abilities, tendencies, shortcomings, and talents, she helps readers discover ways to lead better, healthier lives. Ms. Gates uncovered several soul patterns in her previous lives. She traced those of passion and independence to Jacob Gruber, a 19th century circuit-riding minister. **THE LIFE OF JACOB GRUBER**, by W.P. Strickland, portrays his trial for inciting Maryland slaves to rebel. His efforts to control others led to frustration and depression. When Ms. Gates visited the Baltimore church where he had served as pastor, she became dizzy and nauseous. She believes the residual energy from his unhappiness there affected her. Ms. Gates brought his depression into her life, and she resolved it with spiritual therapy. She encourages readers to discover their souls' patterns to understand themselves and to improve their lives.

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