

# The IOC Manual of Sports Injuries: An Illustrated Guide to the Management of Injuries in Physical Activity

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The IOC Manual of Sports Injuries: An Illustrated Guide to the Management of Injuries in Physical **Activity** 

Created in collaboration with the Medical Commission of the International Olympic Committee, this new manual distills the latest advances in sports medicine into clinically relevant, practical guidance on treating sports injuries. Ideal for primary care physicians, ER physicians, physical therapists, athletic trainers, nurse practitioners, and physician assistants, the book embraces a problem-oriented approach to guide the reader through assessment and management of the most common injuries and disorders. Over 500 full-color illustrations augment the text, showing readers detailed views of the techniques, procedures and other clinically-relevant information being described.



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