



Sri Aurobindo's Vision of Integral Human Development: Designing a Future Discipline of Study

Monica Gupta

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This book explores the integral vision of human development contained in the original works of Sri Aurobindo and The Mother. It delves into multiple layers of the human personality as envisaged by Sri Aurobindo and The Mother and explores a new developmental science of consciousness based on the practice of Integral Yoga. The book examines the major metatheoretical conceptions that shape the contemporary discipline of developmental psychology and discusses the ways in which Sri Aurobindo's philosophical and psychological perspective can help break fresh ground for developmental theorisation and research by extending the current understanding of the human evolutionary potential.

The author proposes a new agenda for human development which brings together the key ideas of integral individual and collective development and informs practices in the areas of counselling, education, parenting and self-development. This book will be of special interest for researchers of developmental psychology, human development, counselling psychology, philosophy, social work and education.

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