



Placement Learning in Mental Health Nursing: A guide for students in practice, 1e

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Worried about your Mental Health placement? Will you fit in? Will you have the right skills? What do you need to learn for practice assessments?

This book will help you with all these concerns. It will tell you what to expect from the placement, what you can learn, how to link theory and practice, and how to make the most of your learning opportunities.

Placement Learning in Mental Health Nursing covers the following areas:

- A logical, step-by-step approach to preparing for a mental health placement
- Helps make the most of learning opportunities
- Explains how to develop mental health competencies
- Narratives from other students describe what the placement will really be like
- Honest discussion of the challenges of a mental health placement to help avoid problems
- Advice on possible approaches to situations that may arise
- Keeps the aim of recovery as a central philosophy in line with contemporary thinking in mental health services.
- Takes a logical, step-by-step approach to preparing for learning on a mental health placement
- Introduces the principles of care, support and treatment of an individual with mental health problems, linking university-learned theory to practice
- Uses narratives from other students to describe what the placement will really be like
- Highlights potential learning opportunities and experiences available on a mental health placement
- Explains how to develop your clinical portfolio by completing specific exercises and activities
- Maps all activities and exercises to the NMC competencies
- Discusses the possible challenges that may arise during a mental health placement and advises on approaches to a range of situations
- Keeps the aim of recovery as a central philosophy in line with contemporary thinking in mental health care.

Series features:

- A unique guide to getting the most from clinical placements
- How to prepare for your placement
- What you can expect to learn during a placement
- Clear links to, and examples of, achieving NMC competencies
- Guidance on what to use as evidence for your portfolio
- Case studies that link theory with practice
- How to consolidate your experience and learn from the placement
- Tips, activities, further reading suggestions and useful websites.

Worried about your next placement? Will you 'fit in'? Will you have the right skills? What do you need to learn to meet practice assessments?

This series will help you with all these concerns. It will tell you what to expect from each placement, what you can learn, how to link theory and practice, and how to make the most of your learning opportunities.

This is the only series specifically for student nurses undertaking specific practice placements, and will give you all the information you need in a user-friendly format. Each book in the series covers a specific area of practice for a typical placement on a pre-registration nursing course.

Titles in this series:

Surgical nursing

Medical nursing

Cancer and palliative care nursing

Mental health nursing

Community care nursing

Older people nursing

Each book also covers:

- A unique guide to getting the most from clinical placements
- What to expect before a placement
- What you can expect to learn on placement
- How to consolidate your experience and learning
- Clear links and examples with NMC proficiencies
- Guidance on what to use as evidence for portfolios
- Short case studies to link theory with practice
- Key points reminder boxes

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