



# **Fresh-Brewed Life: A Stirring Invitation to Wake Up Your Soul, Revised & Updated Edition**

*Nicole Johnson*

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## **Do you need hope for the daily grind?**

Are your responsibilities and commitments robbing your life of joy?

Are you sleepwalking through your days?

Are you on the sidelines of your life as a spectator instead of fully participating?

This is your wake-up call to a *Fresh-Brewed Life*.

Nicole Johnson invites us to wake up to a richer, fuller, more flavorful life than we ever imagined. In a robust blend of relationship, ritual, and hope, we are summoned on a journey of discovery that awakens us to God to ourselves, and to others. And- like lingering over a cup of coffee- this is a process to be savored.

Since first published ten years ago, *Fresh-Brewed Life* has helped more than 100,000 women wake up their souls. Now revised and expanded with additional chapters, more journaling ideas and fresh-brewed adventures, and a brand new discussion guide, *Fresh-Brewed Life* will help start brewing your own, richer, more meaningful life.

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