



# **Delightful Ketogenic Biscuits, Muffins, Waffles & Pancakes: Delightful & Healthy Low Carb Recipes For Fast Weight Loss (low carbohydrate, high protein)**

*Jeanne K. Johnson*

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**ARE YOU READY TO EXPERIENCE THE AMAZING WEIGHT LOSS AND FAT BURNING BENEFITS OF THE KETOGENIC DIET? You've Come To The Right Place!**

**By Reading This Book You Will Learn How To Cook Delightful Ketogenic Biscuits, Muffins, Waffles & Pancakes you will love! Meal plans and shopping lists too!**

## **Here are Friendly Ketogenic Recipes Including...**

- Creamy Berry Muffin.
- Garlic Flavored Biscuits.
- Pepper Flavored Biscuits.
- Healthy'n'Tasty Bread.
- Simple Ricotta Balls of Meat.
- Multi Ingredient Healthy Salad.
- Macaroon-de-Coconut.
- Turkey & Avocado Blast.
- Much, much more!

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