



Till Death Do Us Part (Unless I Kill You First): A Step By Step Guide To Resolving Relationship Conflicts

Jamie Turndorf

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World famous couples therapist, Dr. Jamie Turndorf (a.k.a. Dr. Love), shows how to use her ground breaking, proven conflict resolution program to preserve or reignite the love that brought you and your partner together. Dr. Turndorf is the first therapist to identify the link between specific childhood wounds and the relationship problems we experience as adults. Her Core Therapy™ method has created happy relationships for over 90% of married, unmarried, and gay couples who use it. Relationships with parents and children, friends and siblings also benefit well. In chapters filled with easy-to-follow advice and helpful anecdotes, she provides all the tools needed to calm an emotional exchange before it becomes a fight. Learn how to: - understand the chemistry of conflict - identify and avoid Fight Traps (dysfunctional fighting patterns) - recognize and defuse the three main arguments around sex - master listening skills that will improve any conversation - negotiate calmly and effectively about almost any issue

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