



Cooking Light The Fresh Food Fast Cookbook: The Ultimate Collection of Top-Rated Everyday Dishes

Editors of Cooking Light Magazine

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Home cooks count on the *Fresh Food Fast* books to give them fresh food around the clock and this book does not disappoint. It fits a busy lifestyle perfectly with short ingredient lists, straightforward procedures, fresh ingredients, and delicious results. The recipes and meals in this cookbook will be the most requested, often-repeated solutions in your daily repertoire.

This book includes:

- **Market to Meal Planners** to make shopping and meal planning a breeze
- **750** quick and easy recipes with beautiful full-color photographs
- **Ingredient spotlights** that explain unusual ingredients
- **Feed Four for \$10 or Less:** Budget-friendly recipes that help you feed your family and save
- **A Seasonal Produce Guide** that leads you to the best fresh food in the market all year long
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