



All-Natural Homemade Beauty Products: Easy to Make Body Lotions and Creams, Scrubs and Body Butters Recipes

Josephine Simon

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Get ready to pamper yourself and get radiant and youthful skin. It's easier than you think! Learn to prepare your own organic beauty products like body lotions, creams, moisturizers, body scrubs, body butter and more with all-natural ingredients that are hiding in your own kitchen!

Inside, you will find directions and recipes for three very important components of your skincare regime: body lotions and creams, and body butters:

- You need to exfoliate to get rid of dead skin cells to reveal the beautifully young and pliable ones underneath. This is where scrubs come in. The recipes included in this book will have you feeling refreshed, rejuvenated, and tingly all over with lovely concoctions like Mint Chocolate Scrub and our special Epsom Foot Scrub.
- Retaining moisture in your skin is the ultimate necessity to younger looking skin, and that's where body lotions and body butters come in. These two help you to pull moisture from the air and get it into your skin as well as retain that moisture by creating a shield over the skin. We've combined the best of butters, oils, and essential oils to create all-natural and balanced moisturizing for the skin with concoctions like Double Chocolate Lotion and Strawberry Vanilla Butter.

The fact of the matter is that the better the ingredients you put on your body, the better job your skin can do to protect you. This will be reflected in the way it glows, in its plumpness, and how soft it feels to the touch. This is the one thing you can easily do right away to help you look better, feel better, and walk with the confidence of a beautiful person on the inside and out.

So let's get started, scroll back up and grab your copy today!

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