



Wishing on a Star (Two-Lap Books)

Lydia Burdick

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You won't find a simpler way to interact meaningfully and enjoyably with someone with memory impairment! Just sit down together, open this colorful and engaging book across both laps, and begin reading, reminiscing, and communing. The colorful illustrations and short, easy-to-read text in *Wishing on a Star!* describe favorite activities and events that fill each person's day. Individuals with memory impairment and their caregivers will enjoy the familiar and friendly images: waking up to the sound of birds singing, playing with pets, cheering for a favorite team. The pictures and text in this third book in the Two-Lap Book® series will spark boundless opportunities to discuss and remember happy times and comforting experiences. Styled with the appeal and simplicity of a children's book but created for adult audiences, this Two-Lap Book can serve multiple purposes: Stimulate conversation and reminiscence, *Encourage physical closeness and interaction, *Provide a calming diversion from an upsetting episode, *Inspire intergenerational exchanges with children, *Increase social interaction between staff and residents, *Promote reading skills in residents who retain their literacy. Reading *Wishing on a Star!* is an instant activity no planning or preparation required. Open it to a favorite illustration ... read it from start to finish ... or select just a page or two to spark an exchange. Plus, tips on how to promote engagement with the book are provided. Here is a natural and unlimited opportunity to rebuild connections for the person with dementia, stroke, multiple sclerosis, and related disorders.

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