



Simplemente Qi (Spanish Edition)

Eduard Genís Sol

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Simplemente Qì, empieza con una exploración etimológica del carácter Qì y sigue con los orígenes de este concepto. A continuación, se adentra en el concepto de Qì, en sus mecanismos de generación, en sus funciones, en las formas que puede adquirir y en los movimientos que puede emprender. Se centra en la identificación de patrones del Qì, desde los ocho principios hasta las vísceras y las entrañas. Sigue con un desarrollo de los principios y los métodos de tratamiento que corresponden a los diferentes desórdenes del Qì, continúa con los remedios medicinales, con las fórmulas y las prescripciones para dichos desórdenes. Simplemente Qì sale a la luz a través del impulso de www.medicinachinahoy.net y de su página hermana www.medicinachinahoy.com. Es un libro monográfico sobre este aspecto básico de la medicina china, desarrollado con un notable grado de profundidad y de globalidad, lo que hace de él un instrumento útil de estudio y de consulta para estudiantes y terapeutas.



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