

Dinner A.S.A.P.: 150 Meals Made As Simple As Possible (Cooking Light)

The Editors of Cooking Light Magazine

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A collection of delicious, no-fuss recipes that can be whipped up in minutes using shortcut ingredients. Perfect for today's busy home cooks, Cooking Light Dinner A.S.A.P. proves that a healthy meal can be only 25 minutes away. Using pre-made foods, pre-chopped fruits and veggies from grocery stores' deli, bakery, and meat counters as a starting point, these delicious recipes feature fresh, whole ingredients and focus on speed and simplicity. With 150 recipes ranging from Expedited Entrées and Superfast Sides to Chop Chop Salads, 10-Minute Treats, and Easy Extras, the book offers tons of simple ideas for weeknight meals. Easy-to-follow instructions are accompanied by graphic sidebars and beautiful food photography, creating a fun and vibrantly designed package that will appeal to cooks of all levels. This complete guide also includes a chapter dedicated to simple cooking strategies, ingredient staples, a seasonal produce guide, and more.



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