



Bless Your Heart: Saving the World One Covered Dish at a Time

Patsy Caldwell, Amy Lyles Wilson

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What would the South be without deviled eggs at the church potluck? Can you even begin to imagine a family reunion where nobody remembered to make the baked beans and sweet tea? Is it possible to celebrate a major holiday without crunchy sweet potato casserole on the buffet table? Patsy Caldwell and Amy Lyles Wilson don't think so, either. Indeed, every occasion in the South comes with its own essential menu, and they're all here in this collection of time-honored favorites.

Want to show your team pride with the spread at your next tailgating bash? Patsy and Amy have got you covered with desserts that boast every color in the SEC. No matter the particular moment of life you encounter, this is your go-to encyclopedia of Southern cooking and traditions around the table.

Bless Your Heart will do just that. These recipes are proven to comfort and satisfy your family and the people who may as well be kin. Whether the occasion is a holiday gathering, a garden party, or one of life's unexpected events, food is the common denominator in the South. Lifelong Southerners Patsy Caldwell and Amy Lyles Wilson understand the craft of Southern cooking, and how few things are as nurturing as a meal lovingly prepared in the traditions of the South.

There's a recipe here for every situation in which a Southerner may find herself. From book clubs to baby showers, Patsy and Amy know exactly what flavors perfectly complement any of life's occasions. You'll enjoy the familiar stories of traditions in Dixie along the way, and no doubt pick up a new idea or two of ways to celebrate Southern culture, nourish your loved ones, and make new memories.

Endorsements:

"Bless your hearts, Patsy Caldwell and Amy Lyles Wilson, for trying to save the world one covered dish at a time. If we truly could eat our way to paradise, this collection of heavenly recipes would be just the ticket to get us there—and what a way to go!" —JOHN EGERTON, author of *Southern Food: At Home, On the Road, In History*

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