



Coaching with Spirit

Teri-E Belf

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Coaching with Spirit

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Coaching with Spirit Teri-E Belf

Coaching with Spirit is an uncommon resource that shows you how to enhance your effectiveness by integrating spirituality into your professional interactions with clients. Written for coaches, managers, and allied professionals who work with clients such as therapists, consultants, career management practitioners, pastoral educators, NLP practitioners, students and those considering these professions. This book is not a primer on spirituality but rather it is a guide that suggests practical ways you can welcome Spirit into your business. The foundation for this work is the Kybalion, the Greek and Egyptian hermetic philosophy. Author Teri-E Belf, MA, BCC and the world's first MCC, along with 50 other contributors, offer reflections and actions for revitalizing your coaching style with 3 key spiritual concepts (CPR): Connection-- increase connection with yourself, your client, and the whole Present-- be fully available in the present moment Responsible-- able to respond and be accountable for your choices

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