



Child and Adolescent Therapy: A Multicultural-Relational Approach

Faith H. McClure, Edward Teyber

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This psychotherapy training text is appropriate for graduate courses in child and adolescent therapy in Psychology, Education, and Social Work. McClure and Teyber's text uses a multicultural-relational approach to counseling, emphasizing that a variety of sociocultural factors impact "worldviews", subjective experience, and symptom presentation. Clinical trainees are provided with a concrete and practical way to conceptualize client problems and formulate treatment plans. Extensive case studies, chosen to represent the most salient clinical disorders, illustrate how multicultural-relational counseling actually operates. Features:

- * The text articulates a specific model for providing multiculturally sensitive therapy within a relational framework, giving the structure and organization students need to conceptualize client dynamics and develop treatment plans.
- * The multicultural-relational approach provides a unifying metaperspective to which students can apply a variety of theoretical perspectives and intervention techniques. The text also uses Social Welfare as a unifying concept.
- * An up-to-date review of the current empirical literature and DSM-IV characteristics of each disorder are included.
- * A standardized format for case conceptualization guidelines and process notes enables students to translate theory into practice and to develop treatment plans that are appropriate for today's managed-care environment.
- * Compelling case study illustrations put theory into practice.

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