



Self Sufficiency Survival: Disaster Survival Guide, Preparedness Checklist and Survival Food Storage Manual for Self Reliant Living

David Gaughan, Alexander Stapel

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Whether your goal is to be prepared for surviving disaster or simply to be self reliant and off the grid, this Disaster Survival Guide, Preparedness Checklist and Survival Food Storage Manual for Self Reliant Living will cover the basic survival tips. If an earthquake struck today, or any other natural disaster, the power, water and sewage can be knocked out for extended periods, possibly months. So where do you go to the toilet?

Although everyone talks about being prepared for an emergency event, very few actually know the basic survival tips for what to do when disaster strikes. And in these days of multiple uncertainties, ranging from economic fallout, increasing climatic extremes and earth changes, it pays to prepare for the worst and hope for the best.

Regardless of your goal, the Disaster Survival Guide, Preparedness Checklist and Survival Food Storage Manual for Self Reliant Living will address the most basic necessities. These survival tips include water treatment, hygiene, ablutions, shelter, food treatment and storage, power generation, hot water, heating, fuel and transport. The Self Sufficiency Survival guide and manual will give you ideas for all of these for surviving disaster. Or it will serve as a Self Sufficiency guide if you want to be off the grid.

The most basic needs, like where to go to the toilet, is a common problem that happens in every such case, whether it be a Third World country or modern city. People in Haiti and also Christchurch New Zealand were still experiencing the effects over two years after their earthquakes. Here's where a good survival manual and self sufficiency guide comes in.

Basic survival tips for surviving disaster might include converting a high-top van with simple low-cost techniques. It can make economic sense because you can use it for convenient weekend holidays away from home and it's handy if you need it in an emergency. However, if that's not possible for you, there are other things you can do.

Ideally you'll prepare for an emergency event before it strikes – the Disaster Survival Guide, Preparedness Checklist and Survival Food Storage Manual for Self Reliant Living will help you achieve that. As the Chinese saying goes, better to fix the roof while the sun is shining.

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Donna Lacher:

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