



# Don't Call Me Inspirational: A Disabled Feminist Talks Back

*Harilyn Rousso*

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## **Don't Call Me Inspirational: A Disabled Feminist Talks Back** Harilyn Rousso

For psychotherapist, painter, feminist, filmmaker, writer, and disability activist Harilyn Rousso, hearing well-intentioned people tell her, "You're so inspirational!" is patronizing, not complimentary.

In her empowering and at times confrontational memoir, *Don't Call Me Inspirational*, Rousso, who has cerebral palsy, describes overcoming the prejudice against disability--not overcoming disability. She addresses the often absurd and ignorant attitudes of strangers, friends, and family.

Rousso also examines her own prejudice toward her disabled body, and portrays the healing effects of intimacy and creativity, as well as her involvement with the disability rights community. She intimately reveals herself with honesty and humor and measures her personal growth as she goes from "passing" to embracing and claiming her disability as a source of pride, positive identity, and rebellion.

A collage of images about her life, rather than a formal portrait, *Don't Call Me Inspirational* celebrates Rousso's wise, witty, productive, outrageous life, disability and all.

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#### **Elaine Gold:**

Playing with family in a park, coming to see the sea world or hanging out with good friends is thing that usually you may have done when you have spare time, after that why you don't try factor that really opposite from that. A single activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Don't Call Me Inspirational: A Disabled Feminist Talks Back, it is possible to enjoy both. It is fine combination right, you still need to miss it? What kind of hang-out type is it? Oh can happen its mind hangout people. What? Still don't understand it, oh come on its named reading friends.

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